

Recreation & Leisure Resources for Children Of Special Needs

Coppell Special Olympics

Summer swim and bocce ball teams being formed. Contact Mary Blankenship, YMCA Aquatic Director at 972-393-5121 or Angela Campbell, CISD Adaptive PE Teacher, at 214-496-6956.

Coppell YMCA Aquatics/Special Olympics

146 Town Center Blvd, Coppell, TX 75019, www.coppellymca.org

The program provides swim instruction and water exercise for individuals with physical or mental disabilities. Season begins in June and goes through August. At least four swim meets are offered during the summer. Contact Mary Blankenship, Aquatic Director, at 972-393-5121, ext. 220

Challenge Air for Kids & Friends

Love Field Airport- North Concourse, 8008 Cedar Spring Rd, Dallas, TX 75235

1-877-FLY-KIDS www.challengeair.com

Challenge Air for Kids and Friends, a non-profit organization offers motivation, inspirational and life-changing experiences for physically challenged children and youth through aviation.

It's A Sensory World

13617 Neutron Rd., Farmers Branch TX 75244, www.itsasensoryworld.com

It's a Sensory World caters to the recreational and social needs of children with special needs. Facility is intended to fill the gap between therapy and main stream recreation, where children regardless of their developmental level can participate in fun-filled activities. Their mission is to provide high-quality, affordable, venue for children who present sensory dysfunction and thus better assist them in meeting their sensory needs. To provide an appropriate, parent guided sensory-motor and social skills program for children of all abilities.

Frisco Miracle League

214-296-2017 or 683-6085, www.FriscoMiracleLeague.org

The Miracle League of Frisco is a sports league for special needs children, ages 5-18. They offer spring/fall baseball and soccer, winter/summer bowling and other sporting opportunities to children with all levels of disabilities. They are a "no practice" league... just focusing on having fun at a game!

University of North Texas Physical Activity Program

940-565-3403

The program provides physical activity services to reinforce what your child is learning in PE or at home. Children are partnered up with 2+ undergraduate students who are enrolled in Movement for Special Population. The students will then write lesson plans and teach your children skills/games, etc. across the course of the semester.

Special Needs Cheerleading "Texas Cutez"

469-233-2882, www.here4kids.com, dr.patton@tx.rr.com

Classes are held at Rosemeade Recreation Center in North Carrollton on Sundays from 2:30-3:00 pm. Dr. Angela Patton For all ages and abilities.

Cooking Capers

801 S. Greenville, Suite 103, Allen, TX 75002, 972-822-1659, www.cookingcapers.com , tracy@wideright.net

Cooking Capers offers cooking parties specifically tailored to special needs children.

Footlights Dance Studio

1165 S. Stemmons Grwy. #154, Lewisville, TX 75067, 972-436-7455, www.footlightsdancestudio.com

Frisco Dance Force: Creative Movement Class

3221 Preston Rd, #33, Frisco, TX 74034, 972-712-6829

The Dance Space

1681 Justin Road, Suite 102, Flower Mound, TX 75028, 972-899-3132, www.thedancespace.org

The Dancer's Workshop

750 S. Mill Street, Lewisville, TX 75057, 972-420-1314, www.dancers-workshop.com

New creative movement class for mid to high functioning children called "Move With the Flow" on Wednesdays .

Angel League Athletics Association of Texas

1404 Pearson Avenue, McKinney, TX 75069, 972-548-7898, www.angelleague.com, lthetford@cccdd.edu

Committed to providing athletic programs and recreational services that meet the needs of children with mental and physical disabilities nation wide.

Bachman Recreation Center

1750 Bachman Drive, Dallas, TX 75220, 214-670-6266, esupina@mail.ci.dallas.tx.us

Offers recreation programs specifically for individuals (ages 6 and up) with disabilities. Program offers arts and crafts, sports, fitness, aquatics, socialization, music, drama and outdoor activities. Cal. For specific information regarding programs. Part of the Dallas Parks and Recreation Department.

Coppell /Lewisville YMCA "Buddy Sports"

2021 Cross Timers Rd, Flower Mound, TX 75028, 972-539-9622 or 972-393-5121, www.coppellymca.org

Offers soccer, basketball and baseball. Special Needs Programs available.

EveryBody Fits

200 Fitness Court, Coppell, TX 75019, 972-471-2345

Excite Gym "Superkids"

32510 Parker Square, 972-874-9663

Offering classes for children with special needs with an OT, with or without parent participation.

Therapeutic Recreation Programs offered by Plano Parks and Recreation Department

972-941-7327, Carrollton, TX 75005, addyh@plano.gov

WinKids

3000 Waketon Road, Flower Mound, TX 75028, 972-355-9988 or 972-899-9991, www.winkids.net, info@winkids.net

North American Gymnastics Special Needs

1023 E. Seminole Trail, Carrollton, TX 75005, 214-731-1108

Play Options: in Partnership With ASI Gymnastics

P.O. Box 1777, Wylie, TX 75098, 214-207-6161, wendywilliams@playoption.com . Locations in Allen, Arlington, Cedar Hill, Lake Highlands, Mesquite, Plano West, Rockwall, and Wylie.

Special Needs Gymnastics by Denise Anderson

806-438-3227, or 214-813-7047, www.specialneedsgymnastics.com

Currently meeting at North American Gymnastics. New location to open in old Hobby Lobby on Main Street in Lewisville.

The Little Gym of Carrollton

1025 W. Hebron Parkway, #148, Carrollton, TX 74010, 972-446-1122, Kay LeBlanc- owner.

Movies for Families With Autism & Other Special Needs

Plano Studio Movie Grill, Reagan Roth, www.studiomoviegrill.com

Equest Therapeutic Horsemanship

P.O. Box 192747, Dallas, TX 75219, www.equest.org

A therapeutic horseback riding program for children and adults with developmental, physical or emotional disabilities in Dallas/Ft Worth metroplex with sessions in fall, spring and summer.

Rocky Top Therapy Center

660 Keller Smithfield Rd., Keller, TX 76249, 817-379-5717, www.rockytoptherapy.org

Taught by NARHA certified instructors, Trail Blazers is a development riding therapy program that utilizes horseback riding for clients with physical, mental, cognitive, social or behavioral problems, and often serves as a continuation of the treatment an individual received previously in hippotherapy. Beyond just improvement in the individual's confidence and discipline while improving gross and fine motor skills, posture, balance, and coordination, participants develop more refined horsemanship skills and many go onto compete in state Special Olympics.

Roller Skating Lessons for Special Needs

1408 S State Highway 121 (just west of I-35), Lewisville, TX 75067, 972-221-4666

AquaKids Swim School

3409 Cross Timers Rd, Flower Mound, TX 75028, 972-724-1528, www.aquakids.com

Paige's Swim School

2301 N Central Expressway, #140, Plano, TX, 214-558-7946, www.paigesswimschool.com

You Can Ski-Adaptive Water Sports

214-634-9810, ext 106, blaine@youcanski.org

ARC Day Camp Plano and McKinney

www.arc.dallas.org, aallen@arcdallas.org

Runs during summer and spring break.

ARC of Dallas Summer Adventure Camp

www.arc.dallas.org, aallen@arcdallas.org

My Possibilities

1301 Custer Road, Suite 616, Plano, TX 75075, 469-241-9100, www.mypossibilities.org

My Possibilities is a non-profit for adults with disabilities (Autism, Down Syndrome, Aspergers, Prader-Willi, Head Injuries, etc.). My Possibilities is the FIRST full day, full year program in Collin County for Texans, who have "aged out" of secondary education, where they can build independence and pre-vocational skills in a safe and nurturing environment. Recreational and leisure activities scheduled throughout the year.

Bachman Therapeutic Recreation Center

2750 Bachman Drive, Dallas, TX 75220, 214-670-6266

Camp Broncho-Asthma

3818 Cedar Springs Rd., Suite 101-343, Dallas, TX 75219, 469-766-1509, anne.crowther@childrens.com

Camp Friendship

972-633-8244, googaly@aol.com

Week-long day camp for kids 6 years or older with AS, HFA, PDD, and autism.

Camp Summit

2915 LBJ Freeway, Suite 185, Dallas, TX 75234, 972-484-8900, camp@campsummittx.org

Camp designed for children, teenagers and adults with disabilities. Separate sessions are scheduled for specific ages and level of functioning. One week and weekend sessions provide typical camp activities. Camp Summit is a United Way agency and is accredited by the American Camping Association.

Charis Hill Camp

P.O. Box 1377, Ingram, TX 78025, www.charishills.org

Camp for learning and social difficulties such as ADD and Aspergers

Down Home Ranch

www.downhomeranch.org/camps Ranch Camp offered near Austin, TX.

Focus on the Future Adventure Special Ed Summer Camp

3405 Custer Road, Suite 100, Plano, TX 75023, primary and secondary grade levels

Friend to Friend Social Camp

214-684-8940, Home_Therapist@comcast.net18

First United Methodist Church of Richardson GEMS Special Needs

503 N. Central Expressway, Richardson, TX 75080, 972-996-0120, www.fumcr.com/pages/childrenspecialneeds

Funtastics Camp

972-466-9151 for individuals with disabilities ages 8-21 years.

Plano Parks & Recreation Department: Therapeutic Program

972-941-1216, joan@plano.gov

Riverside Church of Christ Texoma Youth Camp

bharriscar@prodigy.net

SEEK Camp of Coppell

420 Hertz Rd., Coppell, TX 75019, 972-462-0471, info@fumchdal.org

Texas Lions Camp for Children With Physical Disabilities, Diabetes and Cancer

P.O. Box 290247, Kerrville, TX 78019, 830-896-8500, www.lionscamp.com

Texas Neurofibromatosis Foundation

6555 Sierra Dr, Irving, TX 75039, 800-942-8476, www.texasnf.org

Special World Yoga

Dallas, TX 804-714-7167, waring1@me.com

Party With Us! We Come to You

Kathy Kelchner, 972-286-8808, www.kidStuffTexas.com

Stuff your own animal workshop, birthdays, daycare and more. Hand stuff a cuddly pal, wish on a rainbow star and name and dress it.

Loving Hands-Hosted by First Methodist Church

Website: <http://fumccoppell.org/439805.ihtml>

Southlake Recreation:

Website:

http://www.ci.southlake.tx.us/SouthlakeGovernment/City_Departments/Community_Services/Recreation/TherapeuticRecreation.htm

All suggestions for recreation and leisure activities in this publication are suggestions and provided for your information only. Coppell ISD Department of Intervention Services does not endorse any specific company, agency, and/or individual providing advertised services. Names/contact information may change without notice.

Provided by Debbie Gauntt

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