

Coppell ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 27 STEAK FINGERS w/ROLL YOGURT PLATE PB&J PLATE MASHED POTATOES STEAMED BROCCOLI PEACHES W/BLUEBERRIES	Aug - 28 BREAKFAST FOR LUNCH HUMMUS AND CHIPS ELEM CHEF SALAD CARROTS AND TOMATOES WARM CINNAMON APPLES 100% JUICE	Aug - 29 CHICKEN ROTINI ALFREDO YOGURT PLATE PB&J PLATE FRESH GREEN SALAD ITALIAN GREEN BEANS STRAWBERRIES	Aug - 30 CRISPITO W/CHEESE SAUC HUMMUS AND CHIPS ELEM GARDEN SALAD W/CHICKE PINTO BEANS CARROTS AND TOMATOES PINEAPPLE CHUNKS	Aug - 31 CHEESE PIZZA ALPHA PEPPERONI PIZZA ALPHA YOGURT PLATE PB&J PLATE FRESH GREEN SALAD THREE BEAN SALAD SLICED PEARS
Sep - 3 HOLIDAY	Sep - 4 ALL BEEF HOT DOG HUMMUS AND CHIPS ELEM CHEF SALAD CARROTS AND TOMATOES BAKED BEANS ORANGE SMILES	Sep - 5 TOASTED RAVIOLI YOGURT PLATE PB&J PLATE SPINACH/LETTUCE MIX KYOTO VEG BLEND GRAPES	Sep - 6 NACHOS W/CHILI & CHEES HUMMUS AND CHIPS ELEM GARDEN SALAD W/CHICKE BLACK BEAN CORN SALAD CARROTS AND TOMATOES STRAWBERRY & BANANA	Sep - 7 PIZZA DIPPERS YOGURT PLATE PB&J PLATE SPINACH W/MANDARIN CALIFORNIA VEG BLEND WATERMELON CHUNKS
Sep - 10 ASIAN CHICKEN BOWL YOGURT PLATE PB&J PLATE EDAMAME W/CARROT PINEAPPLE & MANDARIN	Sep - 11 HAMBURGER SLIDERS HUMMUS AND CHIPS ELEM CHEF SALAD POTATO SMILES CARROTS AND TOMATOES FRESH APPLE WEDGES	Sep - 12 SPAGHETTI W/MEATBALLS YOGURT PLATE PB&J PLATE FRESH GREEN SALAD STRAWBERRY W/KIWI	Sep - 13 CRISPITO W/CHEESE SAUC HUMMUS AND CHIPS ELEM GARDEN SALAD W/CHICKE PINTO BEANS CARROTS AND TOMATOES CANTELOUPE	Sep - 14 CHEESE PIZZA ALPHA PEPPERONI PIZZA ALPHA YOGURT PLATE PB&J PLATE CELERY STICKS CORN ON THE COB SLICED PEACHES
Sep - 17 CHICKEN SANDWICH YOGURT PLATE PB&J PLATE SWEET POTATO FRIES FRESH GREEN SALAD SPICY PEARS	Sep - 18 FISH STICKS W/ROLL HUMMUS AND CHIPS ELEM CHEF SALAD COLE SLAW CARROTS AND TOMATOES FRESH APPLE WEDGES	Sep - 19 PENNE PASTA YOGURT PLATE PB&J PLATE FRESH GREEN SALAD WHOLE KERNEL CORN ORANGE SMILES	Sep - 20 TACOS W/BROWN RICE HUMMUS AND CHIPS ELEM GARDEN SALAD W/CHICKE CARROTS AND TOMATOES REFRIED BEANS PINEAPPLE CHUNKS	Sep - 21 BAKED MOZZARELLA STICK YOGURT PLATE PB&J PLATE SPINACH & STRAWBERRY WATERMELON CHUNKS
Sep - 24 STEAK FINGERS w/ROLL YOGURT PLATE PB&J PLATE MASHED POTATOES STEAMED BROCCOLI PEACHES W/BLUEBERRIES	Sep - 25 BREAKFAST FOR LUNCH HUMMUS AND CHIPS ELEM CHEF SALAD CARROTS AND TOMATOES WARM CINNAMON APPLES 100% JUICE	Sep - 26 CHICKEN ALFREDO W/ROL YOGURT PLATE PB&J PLATE FRESH GREEN SALAD ITALIAN GREEN BEANS STRAWBERRIES	Sep - 27 CRISPITO W/CHEESE SAUC HUMMUS AND CHIPS ELEM GARDEN SALAD W/CHICKE PINTO BEANS CARROTS AND TOMATOES PINEAPPLE CHUNKS	Sep - 28 CHEESE PIZZA ALPHA PEPPERONI PIZZA ALPHA YOGURT PLATE PB&J PLATE FRESH GREEN SALAD THREE BEAN SALAD SLICED PEARS

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

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