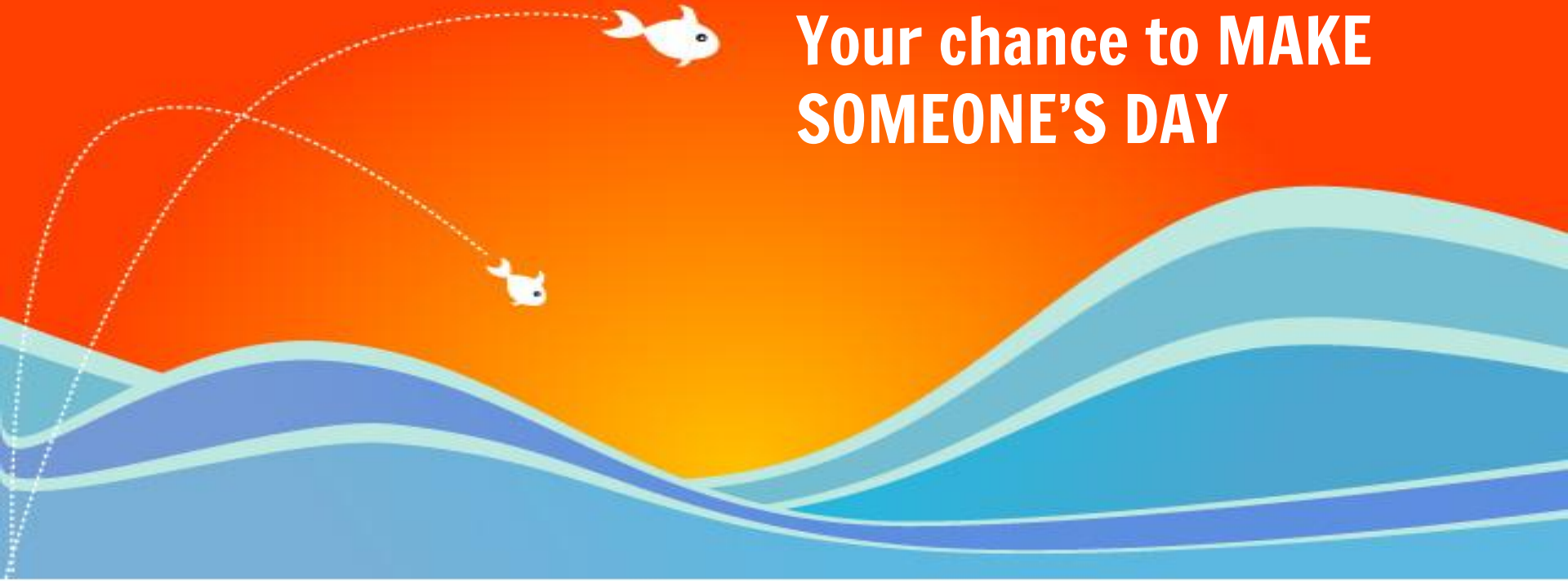


FISH Hours

Your chance to **MAKE
SOMEONE'S DAY**





FISH Hours

At CMS East, we practice the FISH Philosophy.

- **Make Someone's Day**
- **Choose Your Attitude**
- **Be There**
- **Play**

**Well, we want to take that into the community...
and show others how “FISHy” we are!**



FISH Hours

To be considered for Spring Semester Exam exemptions, you are required to complete 4 FISH Hours. (Click [HERE](#) to review all of the criteria for exemptions, if needed.)

This is your opportunity to **MAKE SOMEONE'S DAY!** You will serve the community--without getting paid--for **4 hours**.



FISH Hours

Things you do for your family do **N0T** count as Fish Hours.

Things you do for **non-family** members and the **community** **D0** count!

FISH Hours

Here are some examples of what you could do...

Write and deliver notes to the elderly	Walk your neighbor's dog several times	Volunteer in your church nursery
Volunteer at a homeless shelter	Pick up trash in your neighborhood	Write and deliver thank you notes to police officers
Make and deliver cookies to firefighters	Help a teacher clean desks after school	Rake your neighbor's yard
Babysit a neighbor's child	Help a neighbor plant flowers	Volunteer at animal shelter

What are some other things you could do?



FISH Hours Form

List the activities you perform on your FISH Hours form.

- The total time must equal at least **4 hours**.
- A parent signature is required.
- Only things done for non-family members or the community will count as FISH Hours.

The form is due to the library by 3:30 pm on Friday, May 5. **NO LATE FORMS WILL BE ACCEPTED!**

Click [**HERE**](#) for the FISH HOURS form.